

Date and Time: 7th of March 19:00- 20:00

Subject: Early mobilisation of ventilated patients

This chat will be moderated by: Karin Gerber (BACCN Board) on behalf of @BACCNUK using #baccnmobility

BACCN Twitter Chat was launched during the #BACCNConf2016 in Glasgow. We've now successfully hosted 6 Twitter Chats and we'd like to thank all those that have taken part; it's been great exploring all your views and opinions on subjects that matters to us all.

For our next Twitter Chat we would like to discuss the early mobilisation of ventilated patients. Critical illness can have devastating effects on patients long after they've been discharged from Intensive Care. This can include profound and prolonged neuromuscular dysfunction with ICU-acquired weakness (ICUAW) setting in within the first few days of critical illness.

Early mobilisation (even when the patient is still ventilated and sedated) may protect against and or minimise the long term affects of ICUAW in our patients. Good effective team work between the various multidisciplinary team members, in particular the nurse at the bedside and the physiotherapist are essential to facilitate this.

With this in mind I'm asking:

- 1) What are the perceived barriers to early mobilisation of the ventilated patient?
- 2) How can we overcome this? and are there any examples of good practice that you'd like to share?

Reading List:

<http://www.sccm.org/Communications/Critical-Connections/Archives/Pages/Importance-Early-Rehabilitation-Mobility-ICU.aspx>

<http://www.csp.org.uk/professional-union/practice/evidence-base/physiotherapy-works/critical-care>