

**Date and Time:** 5<sup>th</sup> of May 2017 19:00- 20:00

**Subject:** Alternative therapies within ICU

**This chat will be moderated by:** Karin Gerber (BACCN Board) on behalf of @BACCNUK using #baccntherapy (music / pets)

BACCN Twitter Chat was launched during the #BACCNConf2016 in Glasgow. We've now successfully hosted 8 Twitter Chats and we'd like to thank all those that have taken part; it's been great exploring all your views and opinions on subjects that matters to us all.

For our next Twitter Chat we would like to discuss the use of alternative therapies such as music and pets within ICU. Hospitals and in particular Intensive Care Units can be a lonely and stressful place for both patients and their family members. There is a growing emphasis to create a more therapeutic and healing environment to decrease the stress and help improve the patient experience, well being and long term recovery. Alternative therapies such as music and pets visiting ICU are increasingly being used to create a more healing environment for all.

With this in mind I'm asking:

- 1) What are your thoughts about music therapy and or pets being allowed into ICU?
- 2) What are the perceived barriers to this?

Reading List:

- 1) <https://ccforum.biomedcentral.com/articles/10.1186/s13054-014-0663-1>
- 2) <http://www.musicinhospitals.org.uk/about/blog/>
- 3) <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2798799/>

# Join the Twitter Chat

5<sup>th</sup> of May 2017

7-8pm



Discuss the use of music and  
pets within ICU with

Karin Gerber on behalf of

**@BACCNUK**

using

**#baccntherapy**