

# Pain Assessment in ICU – Post Op. Wound Care

Ines Pereira – The London Clinic, London, UK

BACCN Conference 2019  
16 & 17 September Edinburgh

## Introduction

Surgical Site Infection – at least 5% of patient's post operatively (2017)



Increased risk of sepsis



High Mortality Rates



**Impact of pain assessment**

## Method

### Gibbs Reflexive Cycle



Inconsistent Pain Assessment

- Lack of time;
- Increased Workload.

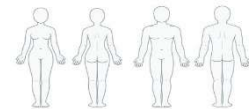
### Aiming for...

- Holistic Care;
- Patient Empowerment.



- Raising awareness;
- Project implementation.

## Pain Assessment Form



Onset

Duration

Frequency

Procedural pain

Analgesia required

Aggravating and relieving factors

**Referral to Specialist Team**

## Moving forward...

Collect data related to:

- patient's experience in ICU;
- nursing compliance: pain assessment and management on the post-operative period.

[i.pereira@thelondonclinic.co.uk](mailto:i.pereira@thelondonclinic.co.uk)

## Results

Accurate and consistent documentation will improve pain management, patient experience and, in due course, quality of life in ICU.