COVID-19 ICU
Remote Learning Course
Rehabilitation

Available now to NHS trusts
Tried and tested, one-day online training in COVID-19 intensive care for non-ICU staff – endorsed by the Intensive Care Society
Meets your urgent training needs for redeploying staff to ICU, with minimal disruption to your existing ICU workforce

What is the Rehab remote learning course?
The COVID-19 ICU Remote Learning Course - Rehab is a one-day online inter-disciplinary training course, which prepares clinicians for redeployment in ICU, HDU and acute care. Easily and safely accessible, it offers a mix of virtual lectures and “live” tutorials, delivered by experienced clinicians.

Between May and July 2020, the rehab course successfully trained over 680 NHS staff (nurses, doctors and allied health professionals). 95% of respondents rated the course very or extremely useful.

What does the course cover?
For non-ICU doctors, nurses and physiotherapists:

- Tracheostomies and weaning
- Intensive care unit acquired weakness
- Early mobilisation
- Nutrition
- The psychological impact of critical care
- Delirium
- Goal setting and writing a rehab plan.

This course maps to the London Transformation and Learning Collaborative (LTLC) agreed essential criteria for non-ICU physiotherapists on ICU.

How does it work?
You decide who in your trust would benefit and when to set the course, which runs virtually from 9am to 5pm. Your trainees are guided through the day. They can learn at their own pace with pre-recorded elements, and take part in online group discussions led by experienced tutors, who encourage people to ask questions, check and challenge.

To book this course
Please contact the Education Lead at your trust to book the course via the Salisbury Procurement Portal.
If you need further advice, contact Lauren Thorpe at CIRL.Crehab@brunel.ac.uk or Lauren.Thorpe@brunel.ac.uk

COVID-19 ICU Remote Learning Course – Rehabilitation is designed and run by 33N and Brunel University and endorsed by the Intensive Care Society.