

# COVID-19 ICU

## Remote Learning Course

## Rehabilitation

Available now to NHS trusts

Tried and tested, one-day online training in COVID-19 intensive care for non-ICU staff – endorsed by the Intensive Care Society

Meets your urgent training needs for redeploying staff to ICU, with minimal disruption to your existing ICU workforce

### What is the Rehab remote learning course?

The COVID-19 ICU Remote Learning Course - Rehab is a one-day online inter-disciplinary training course, which prepares clinicians for redeployment in ICU, HDU and acute care. Easily and safely accessible, it offers a mix of virtual lectures and "live" tutorials, delivered by experienced clinicians.

### What does the course cover?

For non-ICU doctors, nurses and physiotherapists:

Tracheostomies and weaning

Intensive care unit acquired weakness

Early mobilisation

Nutrition

The psychological impact of critical care

Delirium

Goal setting and writing a rehab plan.

This course maps to the London Transformation and Learning Collaborative (LTLC) agreed essential criteria for non-ICU physiotherapists on ICU.

"Easy to use and excellent tutors, lectures, information and hand-outs. So glad I was able to do this course! Would recommend to all of my colleagues."

*... this has been one of the most professionally delivered and considered courses that I have been to online. It is really good to see how well it can be done."*

*The course was organised really well and it was very easy to follow virtually. It is so helpful to have time to discuss and reflect on changes with COVID, thank you!"*

Between May and July 2020, the rehab course successfully trained over 680 NHS staff (nurses, doctors and allied health professionals). 95% of respondents rated the course very or extremely useful.

### How does it work?

You decide who in your trust would benefit and when to set the course, which runs virtually from 9am to 5pm. Your trainees are guided through the day. They can learn at their own pace with pre-recorded elements, and take part in online group discussions led by experienced tutors, who encourage people to ask questions, check and challenge.

### To book this course

Please contact the Education Lead at your trust to book the course via the Salisbury Procurement Portal. If you need further advice, contact Lauren Thorpe at [CIRLCrehab@brunel.ac.uk](mailto:CIRLCrehab@brunel.ac.uk) or [Lauren.Thorpe@brunel.ac.uk](mailto:Lauren.Thorpe@brunel.ac.uk)

COVID-19 ICU Remote Learning Course – Rehabilitation is designed and run by 33N and Brunel University and endorsed by the Intensive Care Society.