

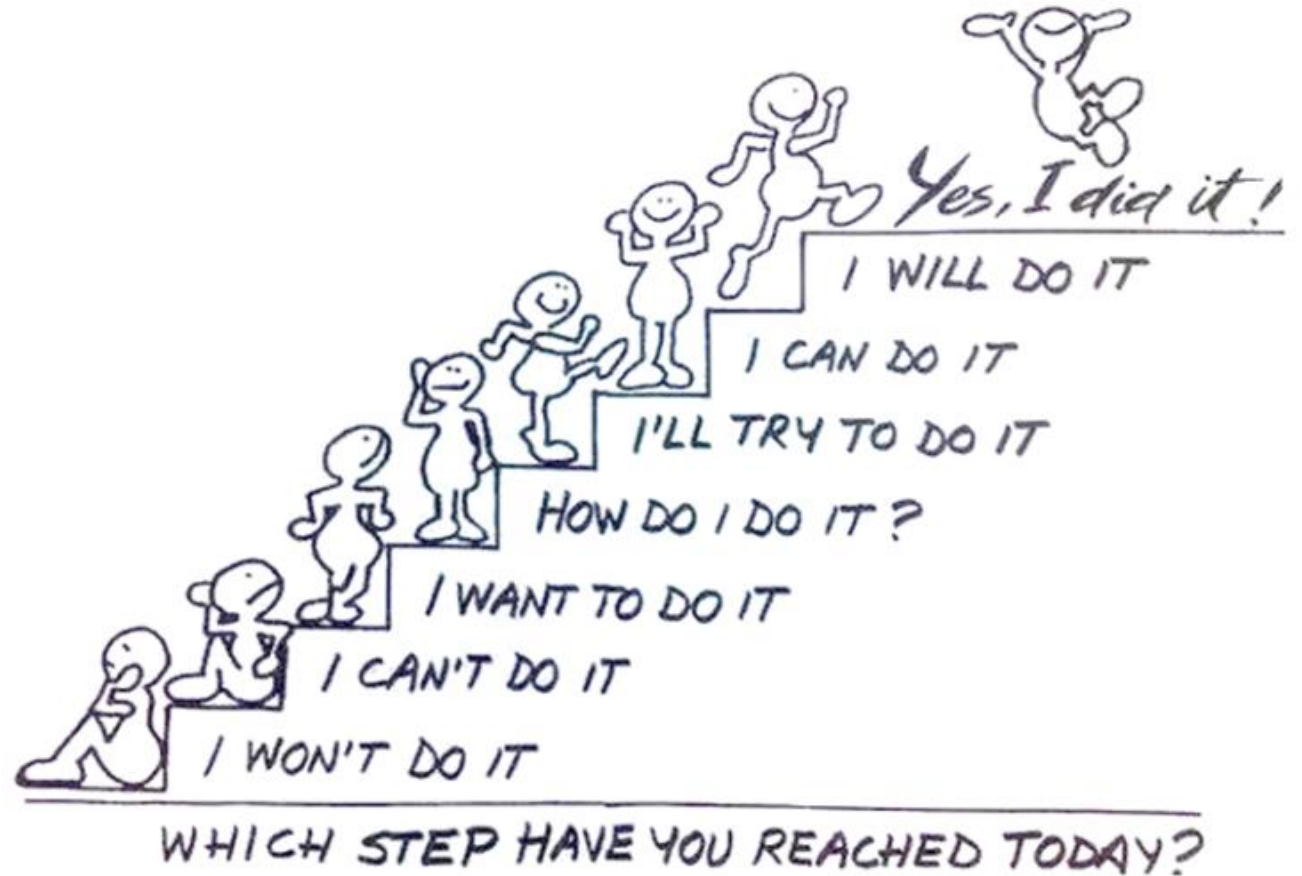


**Manchester University**  
NHS Foundation Trust

PNA  
Restorative  
Clinical  
Supervision  
Tool kit

# Restorative Clinical Supervision

- Develops resilience
- Psychological support
- Time to reflect
- Listen & understand



# Quality Improvement



EVIDENCE BASED



MEETS SPECIFIC NEEDS OF OUR  
TEAM



RECOMMENDATION OF KINGS  
FUND & INTENSIVE CARE SOCIETY

- <https://future.nhs.uk/system/home?done=>
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The screenshot shows the FutureNHS login and registration interface. At the top left is the FutureNHS logo, and at the top right is the NHS logo. The page is divided into three main sections:

- Existing Users - Log in:** This section contains two input fields for "Email \*" and "Password \*", a green "Log in" button, a link for "I forgot my password", and a section for signing in with existing services, including a "Log In with NHS England Apps" button.
- Need an Account?:** This section includes a text prompt: "If you have not registered already, you'll need to complete our easy registration process.", an "Email \*" input field with a placeholder "Your email", and a "Register / Request access" button.
- Transforming how health and social care work together:** This section features the text "Join our online community of staff working across health and social care" next to the FutureNHS logo, and a yellow "Learn more" button.

At the bottom right of the page, there is a "Support" link with a question mark icon.

# 15 at 15

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- 3pm for 15 minutes every day
- Establish ground rules
- Grounding exercise
- Reflective discussion
- Themes & priorities identified
- Ends with a positive reflection
- Signpost to further support



*PNA's help teams to flourish & thrive.*



# References

MFT People Plan

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