Pain Assessment in ICU – Post Op. Wound Care

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Introduction

Surgical Site Infection – at least 5% of patient’s post operatively (2017)

Increased risk of sepsis

High Mortality Rates

Impact of pain assessment

Method

Gibbs Reflexive Cycle

Inconsistent Pain Assessment

• Lack of time;
• Increased Workload.

Aiming for...

• Holistic Care;
• Patient Empowerment.

• Raising awareness;
• Project implementation.

Pain Assessment Form

Onset
Duration
Frequency

Procedural pain
Analgesia required
Aggravating and relieving factors

Referral to Specialist Team

Moving forward...

Collect data related to:

• patient’s experience in ICU;
• nursing compliance: pain assessment and management on the post-operative period.

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Results

Accurate and consistent documentation will improve pain management, patient experience and, in due course, quality of life in ICU.