In House team simulation to improve Team Performance
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Introduction
- We established simulation team days for each of our 5 nursing teams.
- The morning is a simulation and debrief followed by an afternoon of education & well-being

Method
- The simulation session is run by ICU Consultant, Practice Educator and ICU sister
- 30 min scenario is managed in an ICU bed space
- This is followed by a structured debrief

Results
- Reported increased staff confidence and skills
- Potentially Improved team work

“Excellent team building day”
“Simulation so helpful in aiding learning and working as a team”
“non-technical skills was really applicable and good in a work setting”

Key Points
- Good feedback from staff about increasing skills and confidence
- Insight into behaviours
- Evolving and improved simulations and sessions according to the service and staff needs.