Is it humans or animals today?

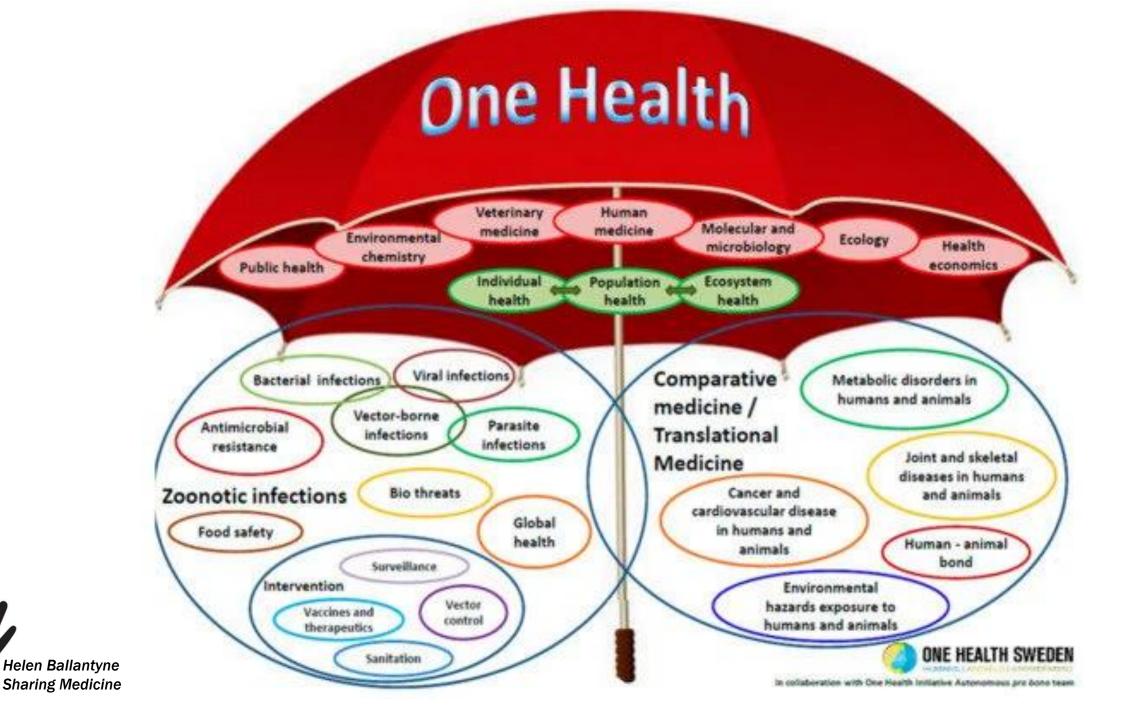
Helen Ballantyne MSc PG Dip BSc RVN



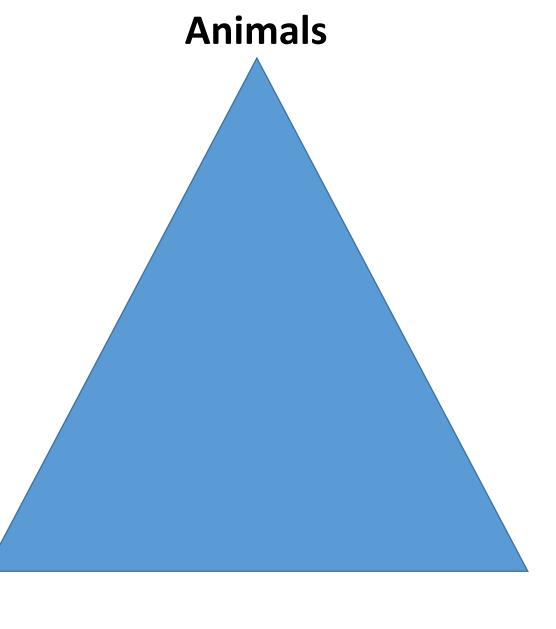
See anything familiar?







One Health



Environment



People

The Historians

Hippocrates – 460-370BCE In his work, "Air, Water & Places",

Louis Pasteur – 1822-1895

Pasteur understood that when a rabid dog bit a person, some kind of infectious agent was transmitted

Rudolf Virchow – 1821-1902

"Between animal and human medicine there are no dividing lines – nor should there be".

Calvin Schwabe (1927-2006)

, "Veterinary medicine is the field of study concerned with the diseases and health of non-human animals. The practice of veterinary medicine is directly related to man's wellbeing in a number of ways."



Perhaps more familiar?

"Its never just about the animals"

James Herriot (1978)

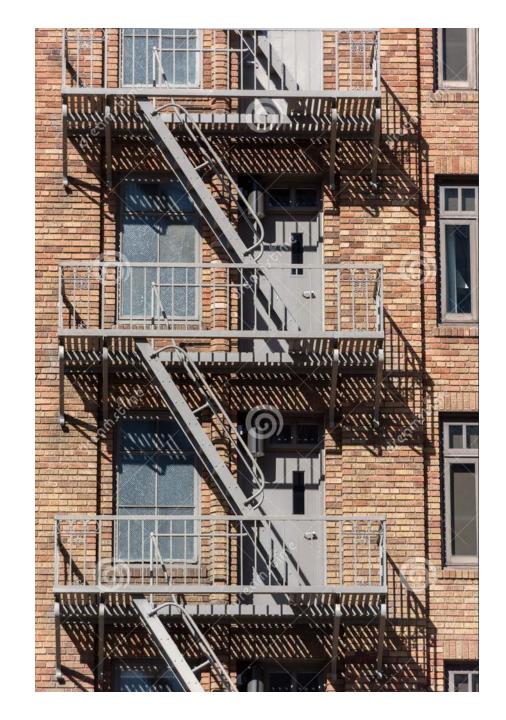




"A small pet animal is often an excellent companion for the sick, for chronic cases especially" Florence Nightingale (1859)

Does this stuff matter?

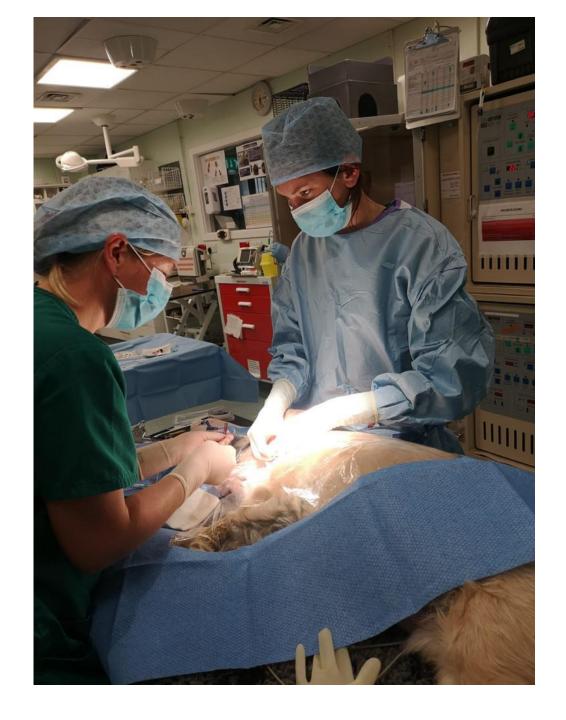


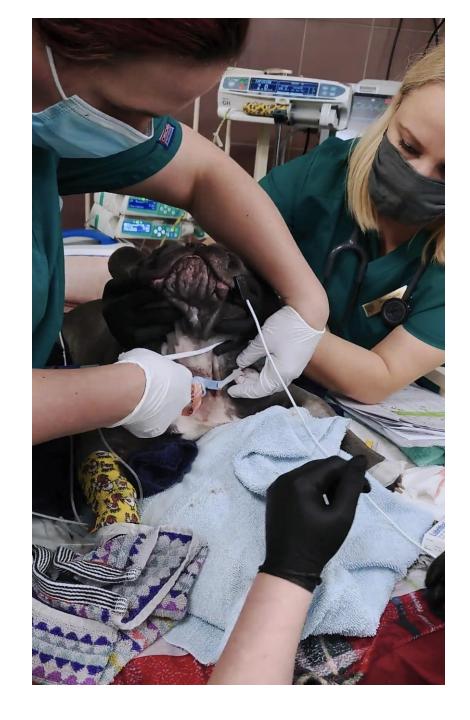


Why is this relevant?

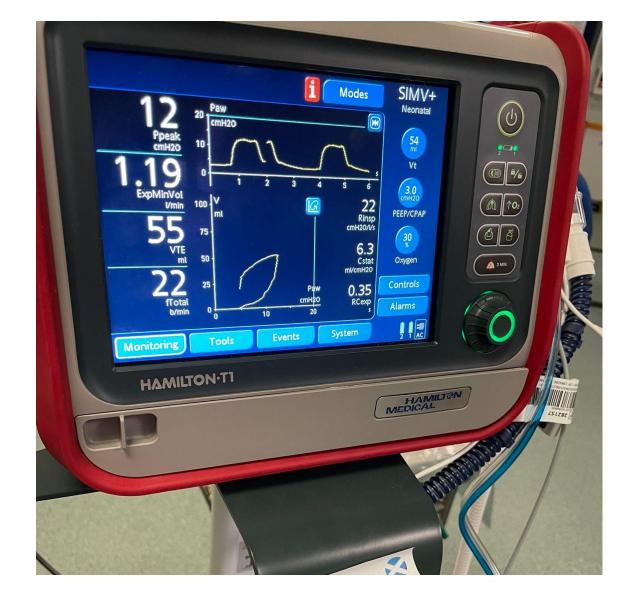
- Medicines management
- Emerging disease
- Increasing acuity of healthcare
- Client demographic and individual support
- Human animal bond
- Client expectation and health literacy
- Increasing role of veterinary professionals in public health











What does this all mean in practice?

Prevent ITU admissions?

PDSA and BP checks
Smoking and COPD
Abusive relationships

Emerging disease

Monkey pox
AMR
Respiratory viruses (easy transmission)
Food borne infections

The Big Five

MSK

Cancer

Infection control

Neurology

Regenerative medicine

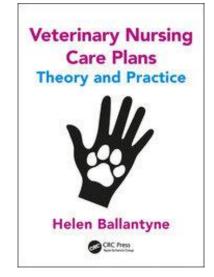
Shared Learning

End of Life Costs



Shared Learning

Human Factors
Patient Safety
Civility
Care Bundles
Care Planning



The human animal bond







A One Health approach to smoking cessation Helen Ballantyne ¹ and Wendy Preston ²

¹ British Veterinary Nursing Association, ² Royal College of Nursing, United Kingdom

Background

- $^{\circ}$ The negative health burden of smoking is well documented, yet 14% of the UK population still smoke $^{\rm 1}$
- Smoking harms nearly every organ in the body, reduces life expectancy and may cause chronic conditions which may have a negative impact on quality of life.
- Passive smoking can also cause long term health problems including declined lung function and asthma.
- Despite the wide range of resources available, many people find it difficult to stop smoking.
- Even people with current smoking-related health problems will continue to smoke, often exacerbating their condition.

Mathad

- A collaboration between the Royal College of Nursing (RCN) and the British Veterinary Nursing Association (BVNA) as part of the VN Futures ² initiative has used a One Health approach to support smoking cessation.
- The aim of this project was to highlight veterinary research that demonstrates the effects of passive smoking may extend to animals as well as humans ^{3,4}.
- A joint press release was written and disseminated widely, with the aim of sharing the information
 with the general public as well as both veterinary and human centred nursing professions.

The objective of disseminating the information widely was so that:

. The RCN communications team tracked references to the press release.

· References and related interviews were noted in Australia, USA and Brazil.

Two professional nursing journals ran articles about the collaboration.

Veterinary Association.

stations across the UK.

· Two national newspapers ran the story.

. The resulting media attention was above and beyond the expectation of the team.

 Within the UK, as a result of the press release, there were two prime time television / radio interviews with representatives from the Royal College of Nursing, VN Futures and the British

- a) human centred nurses might have a novel approach when discussing smoking cessation
- veterinary nurses might feel more confident to discuss smoking cessations with owners within the context of the health and wellbeing of their pet
- c) existing smokers with pets might be provided with a new, strong incentive to give up smoking

Results

· Two national radio channels highlighted the research, which was then shared with twelve local radio

Media coverage of press release by country



Author being interviewed on prime time television as a result of the press release



Conclusion

- While direct quantitative analysis of the impact of sharing information about passive smoking in animals cannot be measured. It was deemed that using a press release to disseminate information on this topic was successful, as the information was shared widely.
- It was a popular topic and was used by a number of media outlets, with many electing to develop it as
 a feature with associated interviews and follow up.
- This project demonstrates that collaboration between veterinary and human centred nursing may
 have the potential to offer novel solutions to complex and longstanding healthcare problems.

References

- 1. Smoking In England (2020) http://www.smokinginengland.info/latest-statistics/
- 2. VN Futures Taking Charge of Our Future Together (2017) https://www.vnfutures.org.uk/
- Knottenbelt et al (2012) Nicotine hair concentrations in dogs exposed to environmental tobacco smoke, JSAP
 Smith at al (2017) Hair nicotine concentration measurement in cats and its relationship to owner-reported environmental tobacco.



What is it about nursing?

- 1.Lost in translation?
- 2.Its all about the detail
- 3.An art based on science...



And finally...

'Never doubt that a small group of thoughtful, concerned citizens can change the world. Indeed, it is the only thing that ever has'

(Margaret Mead 1955)

