

# What about us?

## Taking care of critical care staff

**BACCN Southern Region – Workforce & Wellbeing Study Event**



**14 Nov 2019**

**17:30-21:00**



**Shepherd Hall  
St Thomas' Hospital  
London SE1 7EH**

**Come for an evening focusing on supporting critical care staff wellbeing**

### **Speakers:**

- **Dr Becky Coles-Gale** – supporting critical care staff from viewpoint of a clinical psychologist
- **Dr Pamela Page** – personal and professional challenges experienced by critical care nurses
- **Harriet Noble** – impact of critical care unit design and environment on staff
- **Dr Heather Baid** – sustaining staff wellbeing in critical care

Information will also be provided for examples of critical care initiatives with a positive impact on staff wellbeing, such as pet therapy, music therapy and mindfulness sessions.

**BACCN Members £25 Non-members £30 – includes light meal**

**Book online [www.baccn.org/regions/southern/southern-events/](http://www.baccn.org/regions/southern/southern-events/)**

**For further information please contact:**

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