

BACCN Grant Short Report
Attendance at ICS SOA Belfast
June 2022

I personally have not been able to participate to a congress in over 4 years, due to the pandemic but also due to the costs and expenses involved in attending a conference. Therefore, to be able to attend the Intensive Care Society (ICS) State of the Art Conference was a great possibility for me.

The Intensive Care Society (ICS) State of the Art Conference is a well-known packed 3 day congress where latest research and clinical practice are discussed by the expert. The conference was highly informative as well as inspiring with the latest news and views from the Critical Care with a multidisciplinary focus (from nurses, physio, doctors and pharmacists). The conference was an opportunity for me to refresh the top pick topics as well as talking and discussing to the speakers. The format was innovative as included interactive sessions with traditional (short, sharp) presentations, panel conversations, editorials, lightning box talks, abstract and poster presentations. So I had the possibility to attend a variety of forum and sessions, learning and sharing knowledge with other member of the multidisciplinary team who are part of intensive care and driven by the passion of improving care for our patients. I had the possibility to listen to multi-professional world-class speakers talking on state-of-the-art topics with an inclusive focus and many educational updates for professional working in intensive care. The sessions that I enjoyed the most were on ultrasound, fluid therapy and airways management as well as rehabilitation and metabolism in critically ill.

This was an excellent opportunity to connect, network learn and share knowledge with other participants. For all the reasons mention above this conference was an essential opportunity for my professional development as an advance practitioner in critical care with a multidisciplinary approach. This has contributed to my personal learning and will also allow me to provide better care for critically ill patients and their relatives.

Additionally, by going to the congress I have been able to share the knowledge and projects with my local team and colleagues to implement positive changes and improve clinical practice and patient's care.

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