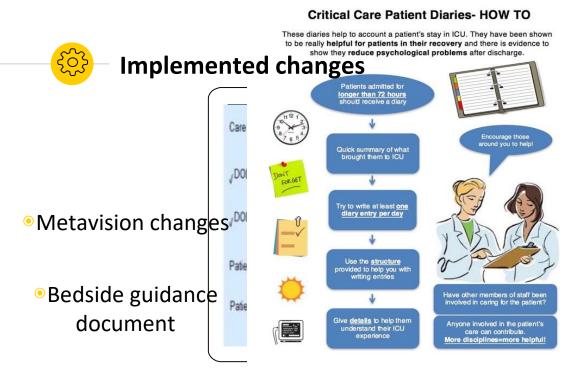


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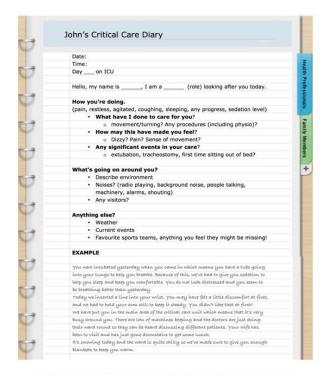
The critical care patient: improving staff engagement in the provision and completion of patient diaries to assist psychological recovery

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If you are finding this difficult or are unsure whether it is appropriate to give your patient a diary, please ask a senior member of staff for support.

EXAMPLE ENTRY AND STRUCTURE OVERLEAF



Don't feel like you have to fill in every section if there is nothing relevant to say, or someone else has already mentioned significant events (e.g. extubation etc.)

This structure is merely a guide to facilitate filling in the diaries. If you are not someone who likes structured writing, please write freely as you wish.



Sample size of 129 patients treated during the three cycles

Total number of 77 patients received diaries

•53 members of MDT wrote entries by project completion

Outcome	Cycle 1	Cycle 2	Cycle 3
Patients >72h who received	↑ 74%	↑ 83%	♦ 80%
diary	(n=17)	(n=25)	(n=20)
Met criteria of one daily entry	31%	↑ 48%	↓ 39%
	(n=4)	(n=10)	(n=7)
Met criteria of 2 different professions	23%	↑ 48%	48%
	(n=3)	(n=10)	(n=8)

