## Chairman report 2018/9 AGM

I would like to thank all the members of the Central South Committee for their hard work, commitment and enthusiasm in setting up and running our study days.

As a committee, we organised and ran a very successful, wellbeing in critical care, study event in October 2018 for 40 delegates. It was very thought provoking and had fantastic feedback from our delegates. The venue and the food were fantastic and we plan to go there again for our next autumn study day.

Two of our committee members are in the process of joining the national board and we have one new member joining the committee this year. We had a strong presence at the brilliant conference in Bournemouth and we won the quiz at the regional event. Central South will have a strong presence again at the conference this year in Edinburgh and we are looking forward to the year ahead.

We are committed to delivering quality study days and engaging with our region. We have a major incident simulation study day planned for 28<sup>th</sup> June 2019 and we are developing a rehab focussed day on the 25<sup>th</sup> October.

Our membership has remained stable for the last few years and we have seen a small rise in our numbers in 2018. We will continue to work hard to grow our numbers in 2019. We will offer incentives to link nurses from around our region and try to engage new ICU's as much as possible.

Mark Wilson

Chair Central South region