

Attending the BACCN conference in Blackpool was an incredibly valuable and inspiring experience. One of the standout aspects was the opportunity to connect with like-minded colleagues who share a passion for improving patient care and advancing practice.

The sustainability talk was particularly thought-provoking, highlighting both the challenges and opportunities within our field. It encouraged reflection on current practices and offered practical insights into how more sustainable approaches can be integrated into everyday work. This session stood out for its relevance and inspired me with new ideas on how to implement changes in our own unit,

The conference also created a fantastic platform for sharing new ideas, discussing implementation strategies, and exploring quality improvement initiatives. Overall, the event not only broadened my perspective but also equipped me with fresh ideas and renewed enthusiasm to take forward into my own work.

Being a member of BACCN is extremely important to our work and allows us to share and learn innovative improvements in the ICU.