Catherine Plowright – Registered Nurse

HC-UK Conference attended

Nurse Prescribing Leadership Summit 2026

https://cdn.hc-uk.org.uk/cache/healthcare-conferences-uk/2026-conferences/02-feb/nurse-prescribing-leadership/nurse-prescribing-summit-feb-2026.pdf

26th February 2026

I have been an independent prescriber since 2019 and thanks to the BACCN and Healthcare Conferences UK who have a reciprocal agreement I was able as a BACCN member to attend this event free of charge.

As every prescriber knows we have to ensure that our prescribing practice meets the standards of the NMC and the RPS, and ensure that we keep up to date with current issues and the national context. This summit was among the best events I have ever attended.

The hardest hitting session was probably the first one from Kate Parry who as a healthcare professional who is a prescriber gave a viewpoint from her father who had died. The take away message was always remember, that there is a person behind every symptom you prescribe for.

Paula McLaren updated us from a NMC perspective. This reminded me that support required as a prescriber will change as my prescribing journey continues.

Barry Quinn spoke about personal prescribing formulas and the importance of ensuring that your formulary is aligned to your knowledge / competence within your work place. And to remember that it may alter from year to year

We had a quick update on clinical pharmacology from Imna Diaz – as always, I felt could have more time on such an important topic but it has made me relook independently around this topic. Clifford Lisk gave an amazing session around frailty, polypharmacy, prescribing and deprescribing – my takeaway message was as a prescriber I need to think as much about deprescribing.

There were workshops during the day and I went to one on developing and maintaining prescribing competence and the leadership one. Topics covered including deprescribing, developing and maintaining prescribing skills, auditing prescribing practice to name but a few.

I highly recommend that you look at the https://www.baccn.org/events/hc-uk-events/ and see what days are available to BACCN members and following instructions on how to access these great events