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| ICU Crib Sheet |
| 1.AirwayMaintainedEndotracheal Tube + Date InsertedMode of Ventilation of VentilatorAir Entry BilateralSputumIn-line Suction SizeET Cuff Pressure | Self-Ventilation or VentilatedSize and Position at lipsPressure Support / Volume ControlledAuscultationType / Colour / AmountET Tube Size – 2 x 2cmH2O |
| 2. BreathingFiO2Saturations / PaO2 / PaCO2Respiratory RateTidal Volumes (if ventilated)PaCO2 AimChest DrainsVAPPhysio/Weaning Plan | Current and Aims: Sats 94-98% or 88-92%Current and Aims:Set or Own. Aim 4-6ml/kg of IBWAdjusted RR or TV accordinglyPosition / Swinging / Bubbling / SuctionBundle |
| 3. CirculationHR + RhythmArterial Line + Inserted or NIBPBP + MAPTemperatureVasopressors (Norad/Adren/Vaso)Electrolytes Cheeked + SupplementedIntra-Aortic Balloon PumpSystemic HeparinCardiac Monitoring | SR / AF – new? Anticoagulated for it?BP Systolic &/or MAP Aims: ?Target Temperature ManagementStarting, always escalate if >0.2mcg/kg/min Aim: K+>4 Mg>1.0Ratio (1:1/1:2/1:3) Augemented: Max Trigger: ECG/PressureINR / APTT Aims:Pulmonary Artery Catheter/LidCo/PICO/Doppler |
| 4. NeurologyGlasgow Coma ScorePupilsRichmond Agitation ScoreSedated WithParalysed WithAnticonvulsiveCAM-ICUDOLSSedation HoldSleep | Eyes 1-4 Voice 1-5/T Motor: 1-6Equal and reactive to light. Size.-5 to +4Propofol / Midazolam / Alfentanyl / FentanylAtricurium / RocurKeppra / Sodium Valpornate+ / - / UTAMittens / Restraints?Plan / Outcome – appropriateZopiclone / Melitonin |
| 5. RenalIndwelling Catheter + Insertion DateFluid Balance Previous DayFluid Balance AimWeight + DateFrusemide Infusion + RateVas-Cath + DateMode of CRRTCRRT Anti-CoagulationRenal | mg/hrCVVHDF / CVVHFHeparin / CitrateRef / R/V |
| 6. GastroEating & DrinkingSwallow Assessment + DateFood ChartBowels Open or PRLaxativesNGT / OGT + DateAbsorbing + ProkineticsDiabtetic – BGL / RegimeSALT / Dietician / Diabetic CNSRef/R/V | UnaidedDate / TypeSodium Docusate / SennaRegime / Aspirate – PH / CXR<500mls 4 hourlySliding Scale – Dry or Wet |
| 7. Wounds/Lines/Antibiotics/VTE/BloodsWoundsPressure AreasPressure SorePUP Score + Pressure Relieving DevisesLinesAntibioticsDrugsVTELines ReviewedAll Bloods Reviewed | Wound ChartIntactPlace / Grade / DatixAir Matress / KeraproWhere / InsertedSigned / Reviewed / Relevant / Micro R/VSigned / Reviewed / RelevantTEDS / Clexane / FlowTronsSite / VIP Score / Date / Reviewed |
| 8. SocialNOK WhoClinical PsychologistSafeguarding | Contacted / UpdatedNeeds ReferralRef/ R/V |