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| ICU Crib Sheet | |
| 1.Airway  Maintained  Endotracheal Tube + Date Inserted  Mode of Ventilation of Ventilator  Air Entry Bilateral  Sputum  In-line Suction Size  ET Cuff Pressure | Self-Ventilation or Ventilated  Size and Position at lips  Pressure Support / Volume Controlled  Auscultation  Type / Colour / Amount  ET Tube Size – 2 x 2  cmH2O |
| 2. Breathing  FiO2  Saturations / PaO2 / PaCO2  Respiratory Rate  Tidal Volumes (if ventilated)  PaCO2 Aim  Chest Drains  VAP  Physio/Weaning Plan | Current and Aims: Sats 94-98% or 88-92%  Current and Aims:  Set or Own. Aim 4-6ml/kg of IBW  Adjusted RR or TV accordingly  Position / Swinging / Bubbling / Suction  Bundle |
| 3. Circulation  HR + Rhythm  Arterial Line + Inserted or NIBP  BP + MAP  Temperature  Vasopressors (Norad/Adren/Vaso)  Electrolytes Cheeked + Supplemented  Intra-Aortic Balloon Pump  Systemic Heparin  Cardiac Monitoring | SR / AF – new? Anticoagulated for it?  BP Systolic &/or MAP Aims:  ?Target Temperature Management  Starting, always escalate if >0.2mcg/kg/min  Aim: K+>4 Mg>1.0  Ratio (1:1/1:2/1:3) Augemented: Max Trigger: ECG/Pressure  INR / APTT Aims:  Pulmonary Artery Catheter/LidCo/PICO/Doppler |
| 4. Neurology  Glasgow Coma Score  Pupils  Richmond Agitation Score  Sedated With  Paralysed With  Anticonvulsive  CAM-ICU  DOLS  Sedation Hold  Sleep | Eyes 1-4 Voice 1-5/T Motor: 1-6  Equal and reactive to light. Size.  -5 to +4  Propofol / Midazolam / Alfentanyl / Fentanyl  Atricurium / Rocur  Keppra / Sodium Valpornate  + / - / UTA  Mittens / Restraints  ?Plan / Outcome – appropriate  Zopiclone / Melitonin |
| 5. Renal  Indwelling Catheter + Insertion Date  Fluid Balance Previous Day  Fluid Balance Aim  Weight + Date  Frusemide Infusion + Rate  Vas-Cath + Date  Mode of CRRT  CRRT Anti-Coagulation  Renal | mg/hr  CVVHDF / CVVHF  Heparin / Citrate  Ref / R/V |
| 6. Gastro  Eating & Drinking  Swallow Assessment + Date  Food Chart  Bowels Open or PR  Laxatives  NGT / OGT + Date  Absorbing + Prokinetics  Diabtetic – BGL / Regime  SALT / Dietician / Diabetic CNSRef/R/V | Unaided  Date / Type  Sodium Docusate / Senna  Regime / Aspirate – PH / CXR  <500mls 4 hourly  Sliding Scale – Dry or Wet |
| 7. Wounds/Lines/Antibiotics/VTE/Bloods  Wounds  Pressure Areas  Pressure Sore  PUP Score + Pressure Relieving Devises  Lines  Antibiotics  Drugs  VTE  Lines Reviewed  All Bloods Reviewed | Wound Chart  Intact  Place / Grade / Datix  Air Matress / Kerapro  Where / Inserted  Signed / Reviewed / Relevant / Micro R/V  Signed / Reviewed / Relevant  TEDS / Clexane / FlowTrons  Site / VIP Score / Date / Reviewed |
| 8. Social  NOK Who  Clinical Psychologist  Safeguarding | Contacted / Updated  Needs Referral  Ref/ R/V |