On Tuesday night (31st of March) in only our second virtual journal club session we were going to discuss a paper done by Baid et al (2019) "Sustainability in critical care practice: a grounded theory study" but in recognition of our current situation we've decided to change this session into a webinar where we'll be discussing something many Critical Care nurses in particular but also those members of staff that have stepped into the breach to help us manage the significant surge we're dealing with within Critical Care services are stuggling to come to terms with.

*Sustaining high-quality, critical care practice is challenging because of current limits to financial, environmental, and social resources. The National Health Service in England intends to be more sustainable, although there is minimal research into what sustainability means to people working in critical care, and a theoretical framework is lacking that explains the social processes influencing sustainability in critical care" - Baid et al (2019).*When selecting this article never thought it would really be so topical at the time!

Many Critical Care nurses are feeling anxious & saddened as we are slowly coming to terms with the realisation that we won't be able to deliver the patient & family-centred high-quality nursing care that we take pride in every day and certainly believe our patients deserve every day during this crises.  In most cases, we'll be going back to delivering task orientated care instead to ensure patients are being kept as safe as possible.  Many other professionals that are stepping into a critical care nursing environment either for the first time and or returning to the bedside in this crises are also extremely anxious and worried that they'll be working outside of their usual comfort zone.

With this in mind we'll be changing our journal club session into a "webinar" where we'll be talking to Heather Baid (author of your journal club article), various members of the National Board and hopefully Sarah Milligan who joined us in our wellbeing session to talk about how we feel and how we can support each other in this difficult time we are all facing.

Join us on the 31st of March 8-9pm using the Zoom link: <https://zoom.us/j/399064419>

BACCN National Board

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