

ADULT INTENSIVE CARE UNIT @ ROYAL BROMPTON HOSPITAL

END OF LIFE CARE

→PROJECT←

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→ Within the Adult Intensive Care Unit (AICU) at the Royal Brompton hospital there is an interest in advancing End of Life Care (EoLC) practice to ensure that we maintain the highest standards for patients, families/carers and to enable our nurses to be best equipped to deal with this challenging area of practice. In this poster we are presenting the main steps that we have been taking using a Plan-Do-Study-Act (PDSA) methodology which has been guiding our intervention in this Project.

Plan

→OUR VISION & AIMS←

To promote and deliver **high standards of EoLC** within a critical care environment.
[person centred coordinated care] [ethical and legal framework]

To improve **practice and experience**
[patients] [relatives] [staff]

→OUR TEAM←

2 leaders, 5 champions
Multidisciplinary team collaboration
[Specialist and Supportive Palliative Care Team]
[AICU consultants] [psychologist] [chaplancy]

→DOCUMENTATION←

EoLC Observations
chart and checklist

→POLICIES&GUIDELINES←

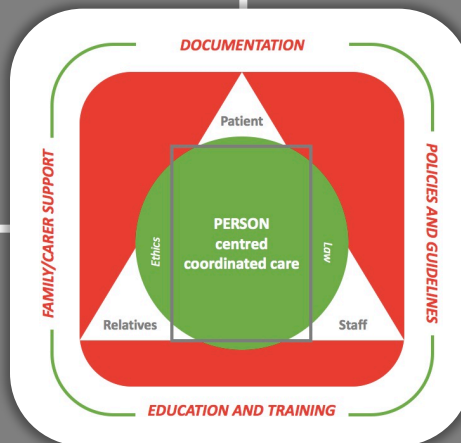
Being reviewed and written

→EDUCATION&TRAINING←

Micro sessions on Team Days
In house EoLC Study Day

→FAMILY/CARER SUPPORT←

Improving practice through
education, training and documentation



→MONTHLY MEETINGS←

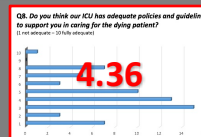
With our Team
[every first Wednesday of each month]

→STAFF SURVEY←

Questionnaire
(13 questions, 68 participants)
[staff profile] [EoLC practice and perception]
Likert scale to quantify perception
[1-10; negative if < 5]

→STAFF SURVEY RESULTS←

Main topics emerged
[average < 5 with a Likert scale]



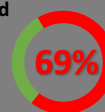
Local policies and guidelines



Education and training



Decision making (consistency)



EoLC is NOT carried out well in AICU

Act

Study

In having a group of AICU staff champions for EoLC and regularly reviewing and auditing EoLC practice within the Unit it allows for effective patient care to be provided and appropriate support for the families/carers and staff. A PDSA methodology has been enabling us to review our practice and also to project our steps into the near future aiming an improvement in the identified areas. ←

[REFERENCES]

- Department of Health (2008) *End of life Care Strategy, promoting high quality care for all adults at end of life* (online). Available at [https://www.gov.uk/government/uploads/system](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/140422/End_of_Life_Care_Strategy.pdf) (accessed 24/07/2017)
- Institute for Healthcare Improvement (2017) *Plan-Do-Study-Act Worksheet* (online). Available at <http://www.ihl.org/resources> (accessed 24/07/2017)
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