

The background of the slide is a light gray gradient with several realistic water droplets of various sizes scattered across it. The droplets have highlights and shadows, giving them a three-dimensional appearance. The main title 'REVALIDATION' is centered in the upper half of the slide.

REVALIDATION

WHAT'S IT ALL ABOUT?

NMC CODE OF CONDUCT

- UPDATED IN 2015
- 4 THEMES
- PUTTING PEOPLE FIRST
- PRESERVING SAFETY
- PRACTISING EFFECTIVELY
- PROMOTING PROFESSIONALISM AND TRUST
- ACTS AS GUIDE TO REFLECT ON YOUR DAILY PRACTICE, PROFESSIONAL APPROACH AND PHILOSOPHY

REVALIDATION

- CONTINUOUS PROCESS THAT NURSES AND MIDWIVES WILL ENGAGE WITH THROUGHOUT THEIR CAREER
- IT IS NOT A POINT IN TIME ACTIVITY OR ASSESSMENT
- 3 YEARLY REVALIDATION (REPLACED NOTIFICATION OF PRACTISE FORM)
- INTRODUCED TO GIVE GREATER CONFIDENCE TO PUBLIC, EMPLOYERS AND FELLOW PROFESSIONALS
- RESPONSIBILITY OF NURSE OR MIDWIFE
- 1ST NURSES & MIDWIVES REVALIDATED IN APRIL 2016

REVALIDATION

- REVALIDATION AIMS TO STRENGTHEN THE RENEWAL PROCESS BY INTRODUCING NEW REQUIREMENTS THAT FOCUS ON:
- UP-TO-DATE PRACTICE AND PROFESSIONAL DEVELOPMENT
- REFLECTION ON THE PROFESSIONAL STANDARDS OF PRACTICE AND BEHAVIOUR AS SET OUT IN THE CODE, AND
- ENGAGEMENT IN PROFESSIONAL DISCUSSIONS WITH OTHER REGISTERED NURSES OR MIDWIVES
- NOT AN ASSESSMENT OF A NURSE OR MIDWIFE'S FITNESS TO PRACTICE

The image features a light gray background with several realistic water droplets of varying sizes scattered in the corners. The droplets have highlights and shadows, giving them a three-dimensional appearance. The text is centered and reads:

**SO WHAT DO I NEED
TO DO?**

REVALIDATION REQUIREMENTS

- 450 HOURS OF PRACTICE IN THE PREVIOUS 3 YEARS
- 35 HOURS OF CPD (20 HOURS OF WHICH MUST BE PARTICIPATORY)
- 5 PIECES OF PRACTICE RELATED FEEDBACK
- 5 REFLECTIONS ON FEEDBACK/ CPD ACTIVITY/ EVENT OR EXPERIENCE IN PRACTICE TO INCLUDE REFLECTION ON THE NEW NMC CODE (STANDARDS OF CONDUCT, PERFORMANCE AND ETHICS, 2015)
- A REFLECTIVE DISCUSSION WITH ANOTHER REGISTRANT
- WRITTEN CONFIRMATION – USUALLY FROM A LINE MANAGER THAT ALL REQUIREMENTS HAVE BEEN MET
- PROFESSIONAL INDEMNITY COVER
- HEALTH & CHARACTER DECLARATION

PRACTICE HOURS

- MINIMUM OF 450 HOURS OVER 3 YEARS (NURSE OR MIDWIFE)
- 150 HOURS A YEAR
- **12.5 HOURS A MONTH!!!**
- PRACTICE HOURS NEED TO REFLECT CURRENT SCOPE OF PRACTICE
- IF YOU ARE A MIDWIFE NEED TO SUBMIT INTENTION TO PRACTICE FORM YEARLY

- IF NURSE & MIDWIFE NEED TO DO 900 HOURS (450 AS A NURSE AND 450 AS A MIDWIFE)

CPD

- MINIMUM OF 35 HOURS IN TOTAL (20 HOURS PARTICIPATORY LEARNING)
- LEARNING ACTIVITY MUST RELATE TO YOUR SCOPE OF PRACTICE
- CANNOT USE MANDATORY TRAINING UNLESS IT IS DIRECTLY RELATED TO YOUR ROLE
- EG FIRE TRAINING OR HEALTH & SAFETY IS TRUST WIDE AND NON SPECIFIC

WHAT IS PARTICIPATORY?

- ANY LEARNING ACTIVITY IN WHICH YOU PERSONALLY INTERACT WITH OTHER PEOPLE
- UNDERTAKEN WITH ONE OR MORE PROFESSIONALS OR IN A LARGER GROUP SETTING
- DOES NOT NEED TO BE IN A PHYSICAL ENVIRONMENT – CAN BE ONLINE
- PROFESSIONALS YOU ENGAGE WITH DO NOT HAVE TO BE HEALTHCARE PROFESSIONALS

HOW TO RECORD CPD?

- CPD METHOD
- BRIEF DESCRIPTION OF TOPIC AND HOW IT RELATES TO YOUR PRACTICE
- DATE UNDERTAKEN
- NUMBER OF HOURS AND PARTICIPATORY HOURS
- IDENTIFICATION OF THE PART OF THE CODE MOST RELEVANT TO THE CPD
- EVIDENCE OF CPD ACTIVITY

PRACTICE RELATED FEEDBACK

- 5 PIECES – VERBAL, EMAIL, CARD, LETTER, FORMAL OR INFORMAL, POSITIVE OR CONSTRUCTIVE
- FEEDBACK FROM PATIENTS/RELATIVES
- FEEDBACK FROM COLLEAGUES/STUDENTS/MANAGERS
- COMPLAINTS
- SERIOUS EVENT REVIEWS
- APPRAISAL
- TEAM PERFORMANCE REPORTS

REFLECTIVE DISCUSSION

- 5 PIECES
- MUST REFER TO CPD ACTIVITY OR PRACTICE RELATED FEEDBACK OR EVENT OR EXPERIENCE IN YOUR OWN PROFESSIONAL PRACTICE
- NEEDS TO COVER WHAT YOU LEARNT FROM IT, HOW YOU HAVE CHANGED/IMPROVED PRACTICE & HOW IT IS RELEVANT TO CODE
- HANDWRITTEN OR TYPED
- BULLET POINTS OR PARAGRAPHS
- BETWEEN YOU AND CONFIRMER – DO NOT SUBMIT TO NMC

REFLECTIVE DISCUSSION

- WITH NMC REGISTRANT
- DISCUSS 5 REFLECTIVE PIECES
- AIM IS TO ENCOURAGE SHARING, REFLECTION AND IMPROVEMENT

CONFIRMATION

- DISCUSSION WITH APPROPRIATE CONFIRMER
- FACE TO FACE OR VIA VIDEO CONFERENCE
- CAN BE AT ANY TIMED DURING THE FINAL 12 MONTHS OF THE 3 YEAR RENEWAL PERIOD
- IF CONFIRMER IS NURSE OR MIDWIFE, CAN HAVE REFLECTIVE DISCUSSION AT SAME TIME
- IF NOT NURSE OR MIDWIFE, MUST ENSURE REFLECTIVE DISCUSSION IS WITH A NMC REGISTERED NURSE OR MIDWIFE

WILL I BE ASKED TO PROVIDE EVIDENCE TO NMC?

- SAMPLE OF NURSES/MIDWIVES WILL BE SELECTED TO PROVIDE FURTHER INFO OR EVIDENCE TO VERIFY THEIR APPLICATION
- USUALLY NOTIFIED IMMEDIATELY **BUT** CAN BE UP TO 24 HOURS (VIA EMAIL) OF SUBMISSION AND PAYMENT
- NMC WILL ASK YOU TO PROVIDE CERTAIN INFO

HOW CAN I MAKE REVALIDATION EASY?

- KEEP AN UP TO DATE RECORD OF YOUR PRACTICE HOURS WITHIN YOUR SCOPE OF PRACTICE.
- UPDATE YOUR CPD RECORD LOG, KEEPING A RECORD OF THE NUMBER OF HOURS, AND PROVIDING A BRIEF OUTLINE OF THE KEY LEARNING POINTS FROM E.G. THE STUDY DAY / SEMINAR / CONFERENCE THAT ARE LINKED TO YOUR SCOPE OF PRACTICE. REFLECT ON WHAT YOU HAVE LEARNED AND HOW THIS WILL INFLUENCE YOUR PRACTICE.

HOW CAN I MAKE REVALIDATION EASY?

- LINK EACH LEARNING ACTIVITY TO THE CODE SO THAT YOU CAN PROVIDE AN EXAMPLE OF HOW THIS IS RELEVANT TO ONE OF THE KEY AREAS OF THE CODE: PRIORITISE PEOPLE, PRACTICE EFFECTIVELY, PRESERVE SAFETY, PROMOTE PROFESSIONALISM AND TRUST.
- DISCUSS REVALIDATION IN YOUR APPRAISAL

The background features a light gray gradient with several realistic water droplets of various sizes scattered in the corners. The droplets have highlights and shadows, giving them a three-dimensional appearance.

ANY QUESTIONS?

USEFUL LINKS

- [HTTPS://WWW.NMC.ORG.UK/](https://www.nmc.org.uk/)
- [HTTP://REVALIDATION.NMC.ORG.UK/](http://revalidation.nmc.org.uk/)
- [HTTPS://WWW.NMC.ORG.UK/GLOBALASSETS/SITEDOCUMENTS/REVALIDATION/COMPLETED-REVALIDATION-FORMS-AND-TEMPLATES.PDF](https://www.nmc.org.uk/globalassets/sitedocuments/revalidation/completed-revalidation-forms-and-templates.pdf)